SDG1: NO POVERTY

Poverty in India:

India faces significant challenges related to poverty, with a considerable portion of its population living below the poverty line. Factors contributing to poverty include unemployment, lack of access to basic amenities, and income inequality.

Government Initiatives to Tackle Poverty:

Social Welfare Programs: The Indian government has established various social welfare programs aimed at poverty alleviation, including the National Rural Employment Guarantee Act (NREGA) and the Public Distribution System (PDS), providing subsidized food to the impoverished.

Financial Inclusion: Initiatives such as Jan Dhan Yojana aim to provide access to banking facilities and financial services for the underprivileged, enabling them to save and access credit.

Education and Healthcare: The government invests in education and healthcare, offering free or subsidized schooling and healthcare services to ensure better opportunities and health for the impoverished.

UPES University's Scholarship Programs:

- UPES University is actively involved in combating poverty through its scholarship initiatives:
- Financial Aid Programs: The university provides a range of scholarships and financial aid to students from economically challenged backgrounds, enabling them to access quality education.
- Merit-Based Scholarships: UPES offers merit-based scholarships to academically talented students, reducing the financial burden and allowing them to pursue their studies without economic stress.
- Inclusivity in Education: The university's efforts to provide scholarships for all ensure that deserving students, regardless of their financial status, have access to higher education, thereby contributing to breaking the cycle of poverty.

Future Directions and Impacts:

UPES's commitment to providing scholarships for economically disadvantaged students has a significant impact on breaking the barriers of poverty by promoting education and empowering individuals. The continuation and expansion of such scholarship programs will contribute to a more inclusive and economically empowered society.

In conclusion, while the Indian government implements various poverty-alleviation initiatives, UPES University's scholarship programs play a vital role in addressing poverty by offering educational opportunities to deserving students, ensuring a more equitable society and contributing to the nation's development.

Scholarships

https://www.upes.ac.in/admissions/scholarships

Discover the boundless realm of opportunities that scholarships can unlock on your remarkable academic journey at UPES.

Academic Scholarships



Who will get a Scholarship?

All students who have applied for admission for Under Graduate (UG) courses except Global Pathway Program (GPP) and have taken the 12th CBSE board / ICSE board or any state board exam (mentioned under "COBSE") shall be eligible for consideration for this scholarship. However, this Scholarship shall be awarded only to those students who have complied with below defined Scholarship Criteria for the first year and subsequent renewal, if applicable. Scholarships will be available for limited seats only.

Scholarship Criteria

The scholarship will be awarded up to 30% (tuition fees only) and awarded only if acceptance fees are deposited within timelines (mentioned in the offer letter).

Total number of scholarships

The total number of scholarships available is up to 2335 (out of these all girl students who score more than 60% in class 12th, will get scholarships).

Scholarship Benefits

The scholarship will be awarded in the range from 15% to 30% on tuition fees of 1st & 2nd semesters only. Renewal of scholarships for the rest of the semesters is subject to renewal criteria mentioned in the policy.

Scholarship Criteria

Scholarship Chieria				
CATEGORY	SCHOLARSHIPS	12TH OVERALL MARKS	JEE	CUET
	20%	60% - 90.99%	85- 89.99	85- 89.99
Girls Students	25%	91% - 95.99%	90- 94.99	90- 94.99
	30%	>96%	>95	>95
CATEGORY	SCHOLARSHIPS	12TH OVERALL MARKS	JEE	CUET
Boys	15%	75% - 80.99%	80- 84.99	80- 84.99
Students	20%	81-90.99%	90- 94.99	90- 94.99

CATEGORY	SCHOLARSHIPS	12TH OVERALL MARKS	JEE	CUET
	25%	91-95.99%	90- 94.99	90- 94.99
	30%	>96%	>95	>95

For Example: if a student scores 80.7% or 80.9% in class 12th his/her percentage will be rounded off to 80% and will get a said scholarship on tuition fees for 1st year only.

Scholarship Renewal Criteria

Continuation of Scholarship in the subsequent semesters will be as per the University policy which may differ on a semester/year basis. However, it will be subject to meeting of minimum eligibility criteria below:

- Minimum SGPA of 7.5 in each semester.
- Passed every semester on the first attempt without any supplementary or improvement exam.
- Maintenance of 75% attendance in the entire semester in all subjects and cumulative.
- The scholarship will only be awarded till the pre-final semester.
- No disciplinary action was initiated/sanctioned against the student under the student handbook or compliance with norms as prescribed by the University.
- Compliance with all other norms as prescribed by the University from time to time.
- If a student fails to score a minimum of 7.5 SGPA in any semester, the scholarship will be discontinued and can only be renewed in the next semester subject to the student meeting the eligibility criteria.
- No acts or omission which results in unlawful behaviour, with malafide intention maligning
 the University brand in digital, print, or social media, promoting, supporting or sharing any
 content which is against the University brand.
- As a post-first year, scholarships will be awarded on the basis of academic grades and attendance therefore all such scholarships shall be awarded post-declaration of results of each semester. For example, a scholarship for 3rd Semester, if eligible shall be reflected in the fee invoice for 4th semester and so on. As a result, students will have to pay full fees for 3rd semester and the benefit of the scholarship will reflect from 4th Semester onwards.
- The scholarship will be awarded in form of a Fee Concession; Fee Discount; or Fee Waiver on tuition fees only.

- It is the responsibility of the applicants to check their eligibility before submitting their applications. In case the applicant is found non-eligible at any stage, his/her submission or scholarship will be disqualified.
- The decision of the Scholarship Committee shall be final and cannot be challenged.
- The Result shall be communicated to all shortlisted applicants through Email/SMS.
- If scholarship-selected students choose to decline the course offer, said students' scholarships shall become void ab-initio.
- The Scholarship amount will be adjusted against student fees. Awarded scholarships can't be exchanged for cash/cheque or transferred to any other course or campus or academic year/semester etc.
- Applicant/student shall not be eligible to apply for any future year/semester scholarship under this category if in any semester applicant/student fails to comply with Renewal Criteria.
- A student/applicant will be eligible for only one type of Scholarship/concession in a given Academic semester or year. If a Student is awarded a particular scholarship/concession but also meets the criteria for one or more than one scholarship/ concession at UPES including Domicile (As mandated by regulation), the Student shall receive the highest of the scholarship/concession offered but not both. Further, for clarity purposes, Domicile or any other scholarship/concession not opted for shall be deemed to be waived by the student. Said student shall have no claim on Domicile or other scholarship/concession so waived against UPES."

Bonafide Uttarakhand Student



Bonafide Uttarakhand Student

In case the applicant is a Uttarakhand Bonafide resident, he/she is eligible for a 30% concession on tuition fee subject to fulfilment of the following conditions and submission of supporting documents:

- Sthai / Mool / Adhiwas Niwas Praman Patra certificate, along with the admission form.
- Income certificate proving that your gross family income is not more than Rs.12 lakh per annum, along with a copy of the last income tax return filed for both parents.
- No disciplinary action was initiated/ sanctioned against the student under the student handbook or compliance with norms as prescribed by the University
- Compliance with all other norms as prescribed by the University from time to time

- No acts or omission which results in unlawful behaviour, with malafide intention maligning the University brand in digital, print, or social media, promoting, supporting or sharing any content which is against the University brand
- The scholarship will be awarded as a Fee Concession; Fee Discount; or Fee Waiver on tuition fees only.
- It is the responsibility of the applicants to check their eligibility before submitting their applications. In case the applicant is found non-eligible at any stage, his/her submission or scholarship will be disqualified.
- The decision of the Scholarship Committee shall be final applicants and cannot be challenged.
- The Result shall be communicated to all shortlisted applicants through Email/SMS.
- If a scholarship-selected student chooses to decline the course offer, said student's scholarship shall become void ab-initio.
- The Scholarship amount will be adjusted against tuition fees. Awarded scholarships can't be exchanged for cash/ cheque or transferred to any other course, campus, academic year/semester, etc.
- Applicant/student shall not be eligible to apply for any future year/semester scholarship/concession under this category if in any semester applicant/student fails to comply with Renewal Criteria.
- A student/applicant will be eligible for only one type of Scholarship/concession in a given Academic semester or year. Suppose a Student is awarded a particular scholarship/concession but also meets the criteria for one or more than one scholarship/concession at UPES including Domicile (As mandated by regulation). In that case, the Student shall receive the highest of the scholarships/concessions offered but not both. Further, for clarity purposes, Domicile or any other scholarship/concession not opted for shall be deemed to be waived by the student. Said student shall have no claim on Domicile or other scholarship/concession so waived against UPES." student/applicant will be eligible for award of only one type/scheme of Scholarship/concession in a given Academic semester/year. Suppose a Student is awarded a particular scholarship/concession but also meet the criteria for one or more scholarship/ concession at UPES. In that case, the Student shall receive the highest of the scholarship/concession offers but not both.

Fellowship For M.Tech & M.Des. Programs



GATE Scholarship:

Students admitted to the M. Tech program in the academic session 2023-24 with a valid GATE score of 70 percentile and above will be considered for a scholarship UPTO Rs. 12,400/- per month during their permissible period of registration with the University.

Research Grant:

All Students will also be eligible to avail of a grant up to a sum of Rs. 50,000/- towards outcome-based research as per rules and regulations framed for the purpose by the University.

M.DES. PROGRAM:

Teaching Assistance ship of up to Rs. 3000/- is available for students pursuing M. Des Program.

Eligibility Criteria for Fellowship for M.Tech & M.Des Students

- Minimum SGPA / CGPA 5 in the first Semester and subsequent semesters/ year.
- Passed every semester on the first attempt without any supplementary or improvement exam.
- Minimum of 75% attendance in the entire semester.
- No disciplinary action was initiated/ awarded against the student.
- Exemplary behaviour and compliance with all other norms as prescribed by the University.
- Such students must not be getting any kind of financial assistance/support e.g., fellowship/scholarship/fee waiver etc. from any other source public or private.

Free ships



With the objective of access to quality education for all UPES is providing scholarships to students who come from the economically weaker section but with high aspiration, commitment and calibre.

Terms and Conditions/Eligibility Criteria

- A total number of 51 seats only for the regular program be on a merit basis.
- The upper age limit for UG and PG programs- is 20 and 25 years respectively (On the date of Registration).
- Minimum academic eligibility for the respective program at the time of admission should be met, as mentioned in the Admission prospectus.
- EWS certificate to be submitted which is issued by District Magistrate (DM) /Additional
 District Magistrate (ADM) / Collector/ Deputy Commissioner/ Additional Deputy
 Commissioner/ First Class Stipendiary/ Magistrate/ Sub-Divisional Magistrate / Executive
 Magistrate/ Taluka Magistrate/ Extra Assistant Commissioner.

- Family income under the EWS category is to be up to Rs.8 lakhs per annum from all sources.
- Since the Free ship is only for one year, therefore, renewal of free ships in the subsequent semester will be based on the:-
- 6.0 SGPA / CGPA in the last exam passed
- No disciplinary case was registered or reported
- Submission of renewed EWS certificate and Income certificate

Scholarship Based On Academic Performance



The Academic scholarship policy will be applicable to both undergraduate and postgraduate programs. The scholarship will be awarded to 10% of the total students enrolled in each of the programs or 1 student whichever is higher. The 10% will be rounded off to the nearest next number. The Scholarship policy w.e.f. the year 2023 based on the meritorious performance of the students in the academic year 2023-24 as under:

ORDER OF MERIT	EXTENT OF SCHOLARSHIPS
1 st	20% of the tuition fees
2 nd	15% of the tuition fees
Rest of the eligible students	10% of the tuition fees

Scholarship Renewal Criteria-

In case of a tie, the CGPA will be calculated up to the third decimal point.

The scholarships will be disbursed at the end of each semester as per the terms and conditions listed below:

- Minimum CGPA of 7.5
- Passed every semester on the first attempt without any supplementary or improvement exam
- Maintenance of 75% attendance in the entire semester in all subjects and cumulative
- The scholarship will only be awarded till the pre-final semester.
- No disciplinary action was initiated/ sanctioned against the student under the student handbook or compliance with norms as prescribed by the University
- Compliance with all other norms as prescribed by the University from time to time.
- No acts or omission which results in unlawful behaviour, with malafide intention maligning the University brand in digital, print, or social media, promoting, supporting or sharing any content which is against the University brand.
- Scholarships will be awarded on the basis of academic grades and attendance therefore all such scholarships shall be awarded post-declaration of results of each semester. For example, a scholarship for 3rd Semester, if eligible shall reflected in the fee invoice for 4th semester and so on. As a result, students will have to pay full fees for 3rd semester and the benefit of the scholarship will reflect from 4th Semester onwards.
- The scholarship will be awarded in form of a Fee Concession; Fee Discount; or Fee Waiver on tuition fees only.
- The decision of the Scholarship Committee shall be final applicants and cannot be challenged.
- A student/applicant will be eligible for only one type of Scholarship/concession in a given
 Academic semester or year. If a Student is awarded a particular scholarship/concession but
 also meets the criteria for one or more than one scholarship/ concession at UPES including
 Domicile (As mandated by regulation), the Student shall receive the highest of the
 scholarship/concession offered but not both. Further, for clarity purposes, Domicile or any
 other scholarship/concession not opted for shall be deemed to be waived by the student.
 Said student shall have no claim on Domicile or other scholarship/concession so waived
 against UPES.

Alumni Scholarships



Eligibility Criteria:

- Applicable to all Alumni who graduated from 2018 onwards. For any Alumni who graduated before 2018, the department of alumni relations will present the case to the scholarship committee for special approval.
- Alumni have to meet the notified eligibility criteria for AY 2023-24 for the respective programs.

- Should not be awarded grade F or improvement in any of the course/papers in any of the semesters.
- Admission Criteria:
- Alumni have to directly apply online and have to email his/her academic details along with the application number.
- Alumni have to go through the admission process of the applied program as per the notified selection process for AY 2023-24.
- Alumni will have to clear the selection process.

Offered Scholarship:

- Applicable on only a 50% tuition fee waiver for the full duration of the program. Rest all fee components to be charged as per the notification of AY 2023-24.
- No other scholarship will be offered or clubbed with this scholarship
- No Alumni fee is to be charged
- Renewal of the scholarship for the subsequent year will be only based on attaining a minimum 8 SGPA /CGPA with no backlog and no disciplinary cases registered or reported against the student.
- In case of a refund is applied after admissions the refund policy will be applicable for AY 2023-24.

Sports Scholarships



With the objective of developing a sports culture within the University, UPES introduces a new scheme of providing scholarships for talented sports persons.

New and Existing Students

SCHOLARS HIP/ FREE SHIPS	LEVEL OF REPRESENTA TION	ACHIEVEMENT S	ORGANIZI NG BODY	REMAR KS
100%	International	Medal holders (Gold/Silver/Br	Internatio nal	100% freeshi

SCHOLARS HIP/ FREE SHIPS	LEVEL OF REPRESENTA TION	ACHIEVEMENT S	ORGANIZI NG BODY	REMAR KS
		onze) at the International Level (Representing the country)	Olympic Committe e / Common Wealth	p on comple te tuition fees and hostel
75%	International	Participating at the International Level	Internatio nal Olympic Committe e / Common Wealth	75% on Tuition fees
50%	National	Medal holders (Gold/Silver/Br onze in team game and fourth place in individual sport)	National Associatio n / Federatio ns / AIU / IOA / School Games Federatio n of India	50% on Tuition fees
35%	National	Participation at	National	35% on

SCHOLARS HIP/ FREE SHIPS	LEVEL OF REPRESENTA TION	ACHIEVEMENT S	ORGANIZI NG BODY	REMAR KS
		the National Level	Associatio n / Federatio ns / AIU / IOA / School Games Federatio n of India	Tuition fees

Number of Seats

S.NO.	SPORT / GAME	NUMBER OF SEATS UNDER THE SCHOLARSHIP SCHEME
1	Football	6
2	Cricket	8
3	Basket Ball	5
4	Volley Ball	5
5	Table Tennis	5

S.NO.	SPORT / GAME	NUMBER OF SEATS UNDER THE SCHOLARSHIP SCHEME
6	Badminton	5
7	Shooting	5
8	Chess	5
9	Athletics	6

Terms & Conditions / Eligibility

New Enrollments

- Scholarships will be awarded as per the seats mentioned above against each game /sport.
 These seats can be transferred to other games if required after approval of the Vice
 Chancellor / Registrar.
- Minimum academic eligibility for the respective program at the time of admission should be met, as mentioned in the Admission prospectus.
- The scholarship will be applicable only if the student continues the sport as a part of the UPES team.
- The University would verify the documents submitted by the student and conduct personal interviews with the expert panel.
- The participation/achievement at the National/International level should not be more than two years from the date of registration
- The candidate seeking admission under any of the above categories of sports shall be required to produce the relevant documents of proof of his/her participation and Medal Won. Scholarship Committee will take the final decision regarding the Scholarship.
- The scholarship under this category shall be given in the first year only and its continuation shall be decided by Scholarship Committee.

Existing Students

- In the case of an existing student, all the current dues should be cleared before availing the scholarships
- 67% overall attendance is mandatory
- No case of indiscipline as per the University records
- No existing backlog in the exams appeared at UPES

New and Existing Students

- All such students will have to ensure that they practice regularly / seek expert advice / participate in coaching camps to maintain/improve their standards and performance.
- The scholarship awarded is for one year and is renewable from year to year, provided the awardees improve/maintain their proficiency in the game concerned.
- The scholarship can be withdrawn if the student is found involved in any act of indiscipline (within or outside the campus) is not able to clear his / her academic assessments or any other academic requirement as per the university student bulletin.
- The Scholarship is applicable only on the Tuition Fee and does not apply to any other head like Admission fee, Examination fee, Transport fee, Hostel Fee, or any other fee/expanse which may occur from time to time.
- Scholarship Committee will reserve the right to increase/decrease/approve/deny the amount of the scholarship.

Student Financial Support



The University has extended financial support to the students who are unable to pay the tuition fee on account of having lost any of the earning parents AFTER TAKING ADMISSION AT UPES AND AFTER SUBMITTING FULL FEES FOR AT LEAST ONE SEMESTER.

Amount Given as Support:

The financial support extended by the University is a relaxation of Rs 50,000/- towards their tuition fee per semester till the last qualifying semester.

Eligibility Criteria:

- The student should maintain/ improve their academic performance every semester.
- The students applying for relaxation should not have any NC (Not Clear) or Backlog in any semester. However, the scholarship committee can use its discretion can recommend the Vice Chancellor for approval without using this as a precedent for future cases of the same nature if any.
- He/ She should also have a clear record of discipline.
- This relaxation is applicable only for the upcoming.

Applicable Conditions:

The above relaxation is only for one

Students desirous of the extension to next semester will be required to submit a fresh application along with the grade card of the last exam passed once a communication is circulated by the Department of Student Engagement and Experience.

The Committee reserves the final right to approve an application received from the students.

Scholarships

https://upes-production-cvb3e7frghdda0a4.z01.azurefd.net/drupal-data/2023-09/school-of-healthsciences-and-technology-2023.pdf

Up to 30% Merit Scholarship* based on CUET score/JEE/Class 12 marks (UG programs only)



20% Merit Scholarship*
for girls Students (UG programs only)



Sports Scholarships*



30% Fee Concession* for Bonafide Uttarakhand Students

PROJECT PROTSAAHAN

https://www.upes.ac.in/social-impact/project-protsaahan



One of the biggest reasons students drop out of college is because of lack of funds to keep going. This project supports meritorious underprivileged students of PYDS Academy of Learning, Purukul – Dehradun, for their higher education beyond Class XII. It admits two students annually from PYDS – one boy and one girl – who qualify the UPES Entrance Examination, into any of its programs and gives annual cumulative academic scholarship of Rs.20 lakh.

Funding Opportunities and Project Writing

https://research.upes.ac.in/2023/02/20/funding-opportunities-and-project-writing/



Direct Admission

https://twitter.com/UPESDehradun/status/1680450159174352896

With your CUET score you can now get direct admission! Just take the first step and kick start your journey towards a rewarding career.

Avail Up to 30% merit scholarship based on CUET score.

Apply now - https://lnkd.in/dxgCehdG



DIRECT ADMISSION WITH YOUR CUET SCORES

B.Tech. I BBA I B.Com. I B.Sc. BCA | B.Des. | BA | B.Pharm. | LL.B.

LIFETIME PLACEMENT ASSISTANCE

RUNWAY START-UP SUPPORT

UP TO 30%## MERIT SCHOLARSHIP

UPES Dehradun

upes.ac.in 040 68440685 (10 am to 7 pm)

*QS World Ranking 2024. *University Category. **T&C apply.

Scholarships for Higher Education to Girls

https://twitter.com/UPESDehradun/status/1645759518834556929

Project Shakti by UPES offers scholarships for higher education to girls. Over 6,000 girls benefited since 2020. Meritorious girls with 60% in 12th can avail up to 30% tuition fee scholarships. Be the tomorrow you deserve!

Visit: http://upes.ac.in/scholarships

#UniversityOfTomorrow





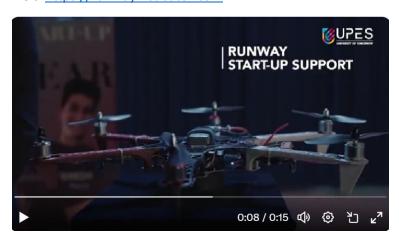
Runway Start-up Incubator

https://twitter.com/UPESDehradun/status/1643209838317690881

With 120 start-ups pre-incubated & 37 receiving grants from #UPES, Runway - our start-up incubator helps ventures with an intensive program.

We support your ideas so you can say to the world, 'I am an innovator. I am Tomorrow'.

Visit: https://runwayincubator.com



30% Merit Schoalrship

https://twitter.com/UPESDehradun/status/1627650075450302464

UPES Dehradun is now empanelled with CUET (UG). Apply today and avail up to 30% merit scholarship based on your CUET score.

Click here to apply: https://bit.ly/appUPES



Startup Journey Support

https://twitter.com/UPESDehradun/status/1625099083194028032

Are you an aspiring entrepreneur with a great idea but don't know where to start? UPES #RunwayIncubator is here to support your startup journey.

#DoYourThing

Last date for applications - 15th Feb 2023

https://runwayincubator.com



Walking the talk: How UPES is building a better world through its CSR initiatives

 $\underline{https://blog.upes.ac.in/walking-the-talk-how-upes-is-building-a-better-world-through-its-csr-initiatives/$



EKTA KASHYAP · FEBRUARY 22, 2022

UPES volunteers creating a Learnshala at a government school in Uttarakhand as part of CSR initiative

UPES volunteers creating a Learnshala at a government school in Uttarakhand

Building learning centres at government schools, beating period poverty by distributing menstrual cups, and nurturing support staff through a skill development program, are some of the university's upcoming CSR initiatives

The world is interconnected through globalisation. Yet, the benefits and burdens of this phenomenon are not equally distributed among people. The result? Inequality in education, health, and access to resources. The pandemic has further aggravated these deep-seated disparities among the most vulnerable sections of society.

Therefore, it becomes the duty of institutions to work towards building a more equitable and sustainable world as envisioned in the internationally-accepted Sustainable Development Goals (SDGs).

UPES, the 'University of Tomorrow', has always stood at the forefront of giving back to society, especially to the state of Uttarakhand. Continuing to fulfil its responsibility, the university, with a renewed focus, has added a series of initiatives to its extensive list of Corporate Social Responsibilities (CSR). The CSR work will encompass issues such as education, health, safety and women empowerment.

Nurturing future leaders through learning centres at schools

Government primary schools around UPES have poor infrastructure, which has implications on children's education. It often leads to abysmal learning outcomes.

To make education fun and meaningful for children, UPES is building learning centres known as LearnShalas in four government primary schools: Kandoli, Misraspatti, Donga and Phulsani. These LearnShalas are lively learning spaces made with vibrant colours and engaging learning material. Through these centres, UPES hopes to nurture curious, creative, and critical thinking citizens of the future.

UPES student volunteers will engage children in a variety of learning activities through LearnShalas. They will make the classroom experience interesting and exciting using relevant content and storytelling methods while encouraging a culture of asking questions. The goal is to make learning a joyful experience for the school community, particularly in a language they understand.

Further, UPES will conduct learning camps, especially in Math and Science, through these learning centres. One learning centre at Upper Kandoli village is ready, while others are in the pipeline.

Beating period poverty together

UPES has funded an organisation called DivIn Pro, an impact and strategy-driven BPO managed by women and other marginalised sector professionals, to fill the critical gap of availability of sustainable material to manage menstruation. This project aims to eliminate period poverty, while contributing to sustainable development. The present proposal focuses on benefitting about 1200 women from UPES ground staff and UPES CSR supported and identified villages. The objective is to empower women with menstrual cups and fulfil the basic need for hygienic and safe protection during menstruation.

The direct beneficiaries will include:

Ground staff of UPES and women from identified villages, including Bakarna, Kharakhet, Pulsani, Dhaulas and other menstruators (trans men/non-binary individuals), belonging to underprivileged and vulnerable sections of the society.

Frontline peripheral health workers such as ASHA workers and Auxiliary Nursing & Midwifery/Anganwadi workers will volunteer for the project in their respective areas.

Cup dominant communities produce less menstrual waste and therefore, the environment of these communities is benefited indirectly.

Families of beneficiaries will benefit as they would be saving money spent on pads each month.

Through this project, UPES will create awareness among the beneficiaries to change their behaviour for safe, healthy, and sustainable, hygienic menstrual practices and solutions. Around 1200 menstrual cups (each cup can be reused for ten years) will be distributed to the target population. Training sessions on the usage of menstrual cups will be conducted. It will be succeeded by on-field and telephonic follow-up and beneficiary support through BPO for 90 days (starting from the day of cup distribution).

Supporting staff through UPES Skills Academy

This is a Skill Development Program, which aims to uplift support staff such as security guards and housekeeping staff on campus. As per a survey conducted by the university, the primary requirement of the support staff was Computer skills and English speaking and writing skills. The sessions under the training framework will, therefore, focus on:

- Need for effective communication
- Understanding non-verbal communication
- Learning the etiquettes to greet staff and visitors
- Enhancing endurance during a conflict and resolving the same amicably
- Conveying difficult messages to the audience

The initial batch will comprise 20 trainees. Eventually, the program will be extended to community members from the nearby villages as well. The training will help the support staff to develop a better

understanding of their roles and responsibilities, improve their communications skills and personality, understand the importance of teamwork, and learn to write answer applications, emails, messages, and other written communication.

UPES firmly believes that every member of the organisation should have pathways to do better in life. The Skills Academy is focused on working with the support staff to build their capacities and help them for better roles at UPES and elsewhere.

Improving digital literacy through DigitalDhaam

This program is intended for all teachers, middle school students, homemakers or anyone from nearby villages to learn how to use computers and the internet for various day-to-day functions like accessing information.

Spreading the joy of giving with DaanUtsav

A book can turn someone's life around; a garment can bring happiness to someone's life. UPES celebrated a first-of-its-kind festival called DaanUtsav where the university's staff and students donated vast amount of clothes, books, stationary, toys, and electronic items, which were distributed to the underprivileged in a nearby slum. UPES will also kickstart a student and staff volunteering program soon.

The CSR initiatives by UPES are an attempt to achieve greater economic, social, and gender equality and tackle the disproportionate barriers that hold the disadvantaged further behind. Ultimately, building a better world will require systemic changes. These initiatives are a step in that direction.

<u>UPES collaborates with NGOs to celebrate the joy of giving</u>

https://blog.upes.ac.in/upes-collaborates-with-ngos-to-celebrate-the-joy-of-giving/

EKTA KASHYAP · OCTOBER 28, 2021



An NGO displaying products made by the underprivileged at the UPES fair

Spreading cheer among the underprivileged, UPES Social Internship Team in collaboration with Dehradun-based NGOs organised a two-day fair, which displayed products made by orphaned children, marginalised women and promising artists

Sometimes, the biggest changes begin with a simple act of selflessness. Lives can be transformed, and futures built by restoring hope among the most vulnerable. Such deeds are anything but ordinary.

To celebrate the spirit of giving, UPES' Social Internship Team under the Career Services Department organised a two-day fair, wherein Dehradun-based NGOs exhibited their products made by the underprivileged communities. Other attractions included 'Rangoli-making' competition, 'Best-out-of-waste' contest and a 'nukkad natak'.



Image credit: Law student Divya Vasudev

The Diwali Mela was held on October 26 at the Kandoli campus and October 27 at the Bidholi campus. Displayed products included exquisite handicrafts, candles and other gift items.

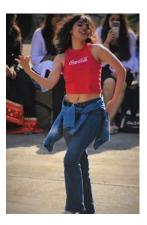
Products made from waste

Ayurvedic Product





The response of students and faculty was overwhelming as they came out wholeheartedly to support the cause.



A student performing at the 'Diwali mela'; Image credit: Divya Vasudev

BBA LLB student Divya Vasudev was happy that she got a chance to give back to the society and connect with various NGOs. She says, "We need to bring consciousness to remove unconsciousness from within us; we need to bring wisdom to remove ignorance from within us. This can happen if we all help each other in whichever way we can."

Highlighting the intention behind the fair, Kirti Chandani, student of School of Computer Science, says, "The main motive of this initiative was to help less privileged people and small-scale business by promoting their work. UPES gave a wonderful platform to them for showcasing their work."

The profits earned were channelized towards social causes of the participating NGOs such as:

- I.D.E.A.L Foundation: Inclusive Development for Education and Learning (I.D.E.A.L) is an initiative formed and led by activists from different spheres of life. It works towards climatic resilience and conservation of environment by focusing on building sustainable societies.
- Building Dreams Foundation: Promoting the social development of disadvantaged children and communities, Building Dreams Foundation serves the deprived sections in India. Their focus areas include food, education, environment and empowerment.
- Him Foundation: The institution was established in the year 2013 to bridge the gap between contributors and the underprivileged. Anybody who wants to help others can freely walk into their centre and discuss the ways in which he/she can contribute towards the cause they care for.
- Shuruwat Foundation: This NGO has been working consistently on some of the most
 pressing issues of society such as education, environment protection, animal welfare and
 healthcare. Their list of initiatives includes Shuruwat ki Paathshala that promotes education
 among the disadvantaged groups; creating awareness on cleanliness and environmental
 protection among the local residents; supporting street animals by providing them food and
 shelter; and organising regular events and camps with doctors and health experts to
 facilitate proper medical help to those who cannot afford to pay for medical facilities.
- Vichar Samiti: This NGO works towards improving ecological, economic, social as well as cultural aspects of the lives of the needy. They aspire to create a model of sustainable, participative development through awareness and social action for overall growth leading to better living standards.

Through such programs, UPES intends to do its part for the community and inculcate among students a sense of compassion. To make the world better, education must be inclusive and equitable and work towards eliminating all forms of discrimination.

How UPES scholarships are helping learners achieve their career goals

https://blog.upes.ac.in/how-upes-scholarships-are-helping-learners-achieve-their-career-goals/

EKTA KASHYAP · JULY 27, 2021



UPES truly believes that students can achieve great things despite the odds against them; no one should be deprived of education due to financial limitations. Hence, the university offers four kinds of scholarships that students can avail subject to the eligibility criteria

When a scholarship is awarded to a student, a chain of change begins. The students receiving the scholarships go on to live fulfilling lives and create a positive impact in the society. There is a clear effect of financial aid on the retention, academic success, and graduation rates of students in higher education.

UPES truly believes that students can achieve great things despite the odds against them; no one should be deprived of education due to financial limitations. Hence, the university offers various scholarships, enabling more and more students to pursue their passions.

The scholarship programs are designed to ensure that economic circumstances do not prevent a student from being able to enrol at UPES. There are four kinds of scholarships that students can avail themselves of depending on the eligibility criteria.

1) Scholarship support for COVID warriors:

Honouring the selfless and dedicated services of COVID warriors such as teachers, health workers, doctors, paramedics, military, paramilitary and police personnel, and civic workers, UPES is offering scholarships to their wards. The financial aid can also be availed by the ward of the individual who lost his/her/their life and was the sole breadwinner of the family and left behind the said ward.

The scholarship is being launched for students into undergraduate and postgraduate during the academic year 2021-22, which shall be awarded for one year of the program only.

For details, please visit https://www.upes.ac.in/corona-warriors-scholarship-scheme

2) 'Shakti' scholarship for girl child:

Bridging the opportunity gap from classroom to the boardroom, UPES is providing a 20% scholarship for girl students for intake in undergraduate programs for the academic year 2021-22.

This scholarship will be offered for the first year on the tuition fee to all girl students taking admission in UPES in the year 2021 subject to a minimum of 70% marks in the 12th board exams.

For details, please visit https://upesforshakti.upes.ac.in/

3) Merit-based scholarship:

UPES offers up to 100% merit-based scholarships to eligible students in specific programs. These scholarships are allotted for the first semester in order of merit to eligible candidates. For details, please visit https://www.upes.ac.in/scholarships

4) Domicile scholarship:

UPES is one of the few universities providing attractive scholarships for Uttarakhand bonafide residents. It provides a 33% concession in the tuition fee of Uttarakhand state board toppers. For details, please visit https://www.upes.ac.in/aspiring-students

How UPES scholarships have benefitted students over the years

"I am a little shy but very ambitious. I want all my dreams to come true, and UPES, through its 'Shakti' scholarship is supporting me to do that and more. UPES was already popular in my family. The scholarship further reaffirmed my decision of coming here," says Alisha Farheen, a student at the School of Health Sciences. "One day, when I narrate my story to someone, I would tell them how this scholarship changed my life forever," she gleams.

Talking about the culture at UPES, Farheen adds, "Everyone in the university is exceptionally welcoming; faculty are a class apart. If I ever get stuck, whether in my assignments or while understanding a concept, my professors explain it till I completely understand it. UPES is not just about academics; it nurtures us to live a purposeful life – both professionally and personally. I am happy to be a part of such an institution."

"My father was about to take an education loan for my under graduation. Just when hope seemed to recede, I learnt about the 'Shakti' scholarship UPES was offering. I am honoured to have received it. It has not only been an immense financial help for my family, but it has also provided me with the ease of mind to pursue engineering to the best of my abilities. I appreciate the financial support

given to me to pursue my educational dreams," says Tisha Goswami from UPES School of Engineering.

In 2016, after her father had a paralytic attack, life took a new turn for Aayushi Verma. "There was hardly any hope and I could barely see any light coming through. But as they say, good things happen when we least expect them. The same happened to me when I got a chance to study at UPES with a 100% scholarship. The scholarship covered hostel fees, uniforms, books, industrial visits and other expenses."

Aayushi, a student of BBA Core, UPES School of Business, has done an internship with Bajaj Health Insurance, where she gained expertise in skills like human resource management and teamwork.

These are some of the several brilliant and confident students who have made the most out of the UPES scholarships. As an institution, UPES sees the scholarships as a partnership between the students, their families, and the university. The range of scholarships is designed to help passionate and meritorious students realise their study dreams and enhance their higher education experience.

Scholarships, beauty pageant titles, job offers...all thanks to UPES!

https://blog.upes.ac.in/scholarships-beauty-pageant-titles-job-offersall-thanks-to-upes/



My childhood fascination towards automation and robotics took wings as I became the topper of my class and received a scholarship of Rs. 62,000 from UPES. I won Miss Uurja in 2019 and received job offers from three companies. This is my story

I secured 96% in 12th standard and received a scholarship from the State Government for excellence in academics. However, like every other student, I was worried about my future and confused about which college to pick and which course to choose. My research led me to UPES. I was amazed to see the number of specializations the university offers in a wide a variety of fields. I visited the campus in August 2016 and immediately knew what I wanted. I enrolled in B.Tech. Mechatronics, School of Engineering.

I started with my academics and got involved in several student chapters at UPES. The first year, however, did not go well (grade-wise), but I did not give up. I made it a point to work harder. Gradually, I got better. My rank in the class improved, and I became the topper of my class and received a scholarship of Rs. 62,000 from UPES.

Along with academics, the university encouraged me to get involved in extra-curricular activities. I already had a Diploma in the Indian classical dance form of Bharatnatyam. I started working on grooming myself, participated in beauty pageants and model training as well. I won Miss Uurja 2019 and was also the first runner up in Miss Rendezvous 2019 at IIT Delhi.



I won Miss Uurja 2019 and was also the first runner up in Miss Rendezvous 2019 at IIT Delhi

In the final year of engineering, companies started visiting the campus. Thanks to the Career Services team at UPES, we were trained in different aspects of industry readiness by the experts. I am grateful that I received job offers from LTI, Cognizant Technology Solutions and HCL Technologies in January this year. In July, I received another job offer from Addverb Technologies, a company which focusses on industrial automation. This was like a dream come true for me. I knew, as a student of Mechatronics, I had to contribute to an area where there was an amalgamation of automation along with my field of study.



My father is immensely proud of what I am doing and how I have journeyed so far

On August 19, 2021, UPES marked its 18th convocation, and students from all its seven schools were being conferred with their degrees. I received a silver medal for being the batch topper. It was a proud moment for my family. I am grateful to my faculty for their constant support.

At present, I am working at Solutions Consulting and Engineering. I work on high impact projects where I analyse the plant processes of customers from various E-commerce and FMCG companies. I also look into the prospects of automating the processes with the help of latest automation technologies and robots. I design solutions specific to customer's requirements and bring about positive changes to the ecosystem such as high productivity, better safety, reduction of manpower, cost efficiency through automation and robotics.

In the future, I want to make this world a secure place by upgrading and optimizing the current processes in various industries with automation and robotics. Many people still use conventional methods for various processes which involve more manpower and resources. I want to educate people, make them aware of the latest robotics and automation technologies which will improve efficiency and productivity at work and help them increase their income.

I owe a big thanks to UPES for everything – boosting my spirits, giving my career an edge and making me what I am today. My father often reminisces about the day he first reached the UPES campus for my admission and was fascinated by its beauty. He is immensely proud of what I am doing and how I have journeyed so far. Undoubtedly, UPES gave me the pedestal to take off and soar high.

Access to education – their springboard to a better life

https://blog.upes.ac.in/access-to-education-their-springboard-to-a-better-life/

SHAILJA KATYAL VERMA · FEBRUARY 20, 2023



Student beneficiaries of Purkal Youth Development Society who are now receiving full scholarships at UPES

They defied the odds and indigent circumstances to redefine their future. Nurtured by Purkal Youth Development Society (PYDS) and UPES, they are progressing in their academic journey and rapidly transitioning into skilled professionals, ready to take on the world

Astha Rana is a 3rd-year student of B.Com. (Hons) in Banking, Management and Insurance. Her dad is an electrician, while her mother runs a shop that sells cosmetics and bangles in Gajiyawala Village in Sahaspur Block of Dehradun, besides supplementing the family income through her tailoring work. After she starts working, she wants to take her mother for a vacation as she is fond of travelling.

Akash Pal, a 2nd-year student of B.Tech. Automotive Design Engineering, has won several state-level painting competitions and is also a member of the basketball team. He finds the environment at the university liberating as it gives him free access to the labs which had restricted entry in school. His mother is an artisan who makes cushions and quilted blankets under Project Purkal. He aspires for a well-paying job so that his mother does not have to toil to make two ends meet.

Amisha Chauhan, who is in the 4th year of BA LLB, is specialising in Energy Laws. She envisions her future as a corporate lawyer or a civil servant and wants to ensure a "stable life" for her sisters and her mother.

Anchal Tailwal is a 2nd-year student, pursuing B.Tech. CSE with specialisation in DevSecOps. She is a member of several student chapters, including the Association for Computing Machinery (ACM) and the Institute of Electrical and Electronics Engineers (IEEE). She likes to play basketball and participate in personality development workshops in her free time. Her family owns a groceries shop.

They are all students who were nurtured in their early years by Purkal Youth Development Society (PYDS), a non-profit in Dehradun, and are now receiving full scholarships from UPES to continue their higher education journey.

UPES' association with PYDS began in 2018 under Project Protsaahan, and to date, 15 students have benefitted from the initiative. These students belong to families with meagre means. Their will to succeed despite their impoverished circumstances has made them an inspiration not just for their families but for the community at large.

Says Rahul Nainwal, Director-CSR, UPES, "It's heartening to see how they have transformed and are now leading fulfilling lives. The impact of this initiative is evident in the success stories of these students, who have overcome significant barriers and are now contributing to society. This initiative not only provides access to education but also empowers young minds to dream big and achieve their goals, regardless of their background."

Protsaahan was institutionalised in 2019 and now supports two PYDS students every year. The courses for which support is available include all programs of B.Tech., Integrated LLB, BBA and B.Des. Under the project, UPES bears all costs, including academic and tuition fee, hostel charges, uniforms, laptops, one-time charges as well as the refundable security, for the entire duration of the course. The annual bursary under this project is ₹ 10-15 lakh per PYDS candidate. This includes a stipend of ₹ 20,000 to be given to the candidate during his industry internship as per the curriculum.

The project takes care of the entire fees of two students, provides stipend during internships, a faculty to mentor and monitor academic and co-curricular progress, and a member from the Career Services team to assist in internships and placements.

Priyanka Bhatt, who did her B.Tech. in Electronics and Communication Engineering (2018-2022) at UPES, is today working as Associate Engineer with Silicon Labs in Hyderabad. "I joined this company in June 2022, and I have had a good experience so far since it is related to my core domain. Later on, I might think of pursuing M.Tech.," she says.

Aayushi Verma, who studied BBA (Core) at UPES School of Business, is now Head Coach at Leverage Edu in Noida. In 2016, after her father had a paralytic attack, life took a new turn for Aayushi Verma.

"There was hardly any hope and I could barely see any light coming through. But as we say, good things happen when we least expect it. The same happened with me when I got a chance to study at UPES," recounts Aayushi Verma. After detailed applications, written assessments, followed by a Group Discussion and Personal Interview (GDPI), Aayushi got the confirmation of a 100% scholarship. The scholarship covered hostel fees, uniform, books, industrial visits and other expenses.

For most of these kids it is about securing a better life for themselves and their loved ones.

Lucky Singh, a native of Haridwar who joined B.Tech. CSE this year, is determined to meet the diverse group of learners on campus and enhance his social skills. His father, a farmer, is responsible for the family of six, including his two sisters, mother and grandmother. He wants to work towards a career in cyber security, besides learning to play the guitar.

Anshit Mamgain's story is no different. He joined UPES with the dreams of "expanding his horizons". His father, a schoolteacher, wanted him to join the defence forces, but he could not make the cut due to medical issues. And it was just as well, because he had dreams of becoming a coder. He now wants to ensure a secure future for his grandmother, mother and two younger sisters.

The shadows of their past have not dimmed their spark. They are banking on education to give them an egress from hardships. They may have had humble beginnings, but their aspirations are sky high. And UPES, upholding its cherished values of inclusion, equity and diversity, is leaving no stone unturned to ensure that they realise their dreams.

UPES CSR EDUDHURMA impacts communities in Dehradun

https://blog.upes.ac.in/upes-csr-edudhurma-impacts-communities-in-dehradun/



A team from UPES donated 30 chairs and 30 tables to RPV Bidholi under its CSR EDUDHURMA initiative

A team from UPES donated 30 chairs and 30 tables to RPV Bidholi under its CSR EDUDHURMA initiative

UPES runs four projects under its CSR EDUDHURMA policy – Protsaahan, Utkarsh, Dronasthali and Utthan – which aim to elevate the lives of citizens and communities around its Bidholi campus

UPES has impacted the lives of over a hundred families, students from underprivileged backgrounds, government teachers as well as local schools in Dehradun under its CSR EDUDHURMA initiative.

EDUDHURMA stands for Education for Developing Humans for Righteousness and Mindful Actions.

It is UPES' CSR policy and it aims to elevate the lives of the citizens and communities by building a better place to live a blissful, purposeful life.

As part of EDUDHURMA, UPES runs four projects: Protsaahan, Utkarsh, Dronasthali and Utthan.

Protsaahan

Project Protsaahan was launched in 2018 to help the underprivileged meritorious students of Purkal Youth Development Society (PYDS) Learning Academy, Dehradun, pursue higher education at UPES.

Protsaahan was institutionalized in 2019 and now supports two PYDS students every year.

The courses for which support is available include all programs of B.Tech., Integrated LLB, BBA and B.Des.

Under the project, UPES provides all costs, including academic and tuition fee, hostel charges, uniforms, laptops, one-time charges as well as the refundable security for the entire tenure of the course.

The annual bursary under this project is Rs 10 to 15 lakh per PYDS candidate. This includes a stipend of Rs 20,000 to be given to the candidate during his industry internship as per the curriculum.

Utkarsh



Project Utkarsh aims to achieve overall progress of the society through holistic education to the needlest segment of the society.

The project aims to support overall development of 14 local schools, which include eight RPVs, one Gurukul, one Samvedna school (another of UPES CSR initiatives) and four schools in the village of Dhalani Koti.

The project will focus on developing school infrastructure, apart from providing academic and cocurricular activity support as well as career counselling sessions.

Dronasthali

Dronasthali aims to support the professional development of government schoolteachers.

It organized its first workshop on June 4-5, 2021, on "WhatsApp – A Tool for Teaching and Learning" for elementary school (Rajkiya Prathmik Vidhyalaya – RPVs) teachers and principals.

Over 30 primary teachers from 15 schools of Dehradun participated, majority of whom found the workshop effective and were satisfied with the activities, the trainers' knowledge and preparedness as well as their content delivery.

The project next plans to set up a Centre of Excellence for Teachers' Development (CoETD) which shall provide training to teachers to strengthen the human resource pool that will contribute to raising the standards of government school education.

It aims to achieve this by developing the digital and technical skills of the teachers so that they can teach students through a blended learning model in virtual spaces.

Utthan

Utthan is about the application of knowledge in the local community, to harness the scarce resources to their optimum level, raising the bar of development and to light up self-confidence of individuals.

Utthan has impacted close to 155 families so far by focusing on community development in and around Dehradun.

They have held three medical camps, distributed ration kits to villagers and been listed in the Unnat Bharat Abhayaan. They have managed to capture basic data, sensitise the villagers towards development, hold trust building exercises and identify various projects in consultation with stakeholders.

Utthan ultimately plans to co-create a gram panchayat that will have the potential to undertake sustainable development, create local opportunities, higher capacities for governance, and a lively community to tackle current and future challenges.

How a scholarship from UPES changed a student's life

https://blog.upes.ac.in/how-a-scholarship-from-upes-changed-a-students-life/



Aayushi Verma, a girl determined to pursue her dreams, bagged 100% scholarship from UPES in 2016 and is now aspiring for higher education in one of the Ivy League schools

Four years ago, in 2016, after her father had a paralytic attack, life took a new turn for Aayushi Verma.

"There was hardly any hope and I could barely see any light coming through. But as we say, good things happen when we least expect it. The same happened with me when I got a chance to study in UPES through an NGO (Purkal)," recounts Aayushi Verma. After detailed applications, written assessments, followed by a Group Discussion and Personal Interview (GDPI), Aayushi got the confirmation of a 100% scholarship. The scholarship covered hostel fees, uniform, books, industrial visits and other expenses.

Aayushi, a second year student of <u>BBA Core, UPES School of Business</u>, is currently doing her summer internship with Bajaj Health Insurance. She's gaining expertise in skills like human resource management and teamwork.

A brilliant and confident student, Aayushi shares details about her inspiring journey and how UPES helped transform her life. Her story will reaffirm your belief in dreams, hopes and miracles.



I want to pursue my post-graduation from one of the Ivy League schools in the US and create a bright future for myself

How has UPES shaped your life?

Industrial visits, industry alliances, up-to-date curriculum, decision-making abilities, team projects, business events, cultural fests, guest lectures, research assignments, group presentations and soft-skills have laid a strong foundation for me to become a good team player and a global business professional. The constant support by my faculty and peers and exhaustive online resources have helped me develop a better understanding of the modern business world.

Who is your inspiration?

My mother has always been my biggest support and inspiration. Despite the ups and downs, my mother never lost hope and puts in a lot of hard work to take care of the family. Her strong determination and never-give-up attitude encouraged me to do well and succeed in life. I further want to pursue my post-graduation from one of the Ivy League schools in the US and create a bright future for myself.

What is the biggest challenge you have faced so far?

Owing to challenging circumstances back home, somehow I always used to shun talking about my family and mixing with people. I use to feel so heavy inside. After struggling with my emotions for six months, I told everybody about my family circumstances. Luckily, all of them accepted me with my reality and supported me in a big way. It was a great relief and I realized that it is important to be transparent and honest, personally as well as professionally.

What are your thoughts about UPES Shakti?

The idea of providing 25% scholarship on tuition fee to all girl students enrolling from year 2020 is a big step towards empowering girl education. Patriarchal society, gender stereotypes and lack of financial support are the primary reasons that restrain young girls from pursuing higher education. Therefore, 25% scholarship would open doors for many small-town girls to work towards their dreams and ambitions. Going forward, even I would love to contribute actively for girls' education and women's empowerment.

Lastly, I would like to thank the top leadership at UPES for the wonderful initiative of providing 100% scholarship to students who want to prosper, but do not have the means. People who believe in gender equality make this world a better place to live in. Every act of compassion is like a ripple in a pond—the impact of this initiative will reach far beyond what you can see.

Good Samaritan from UPES supplies free meals in Dehradun

https://blog.upes.ac.in/good-samaritan-from-upes-supplies-free-meals-in-dehradun/

PRADEEP JAGWAN · APRIL 30, 2021



Offering humanitarian service in the midst of surging Covid cases, Prof. Jharna Joshi from UPES School of Design is making doorstep delivery of meals to affected people

With the nation reeling under the impact of the Covid-19 pandemic, several individuals are coming forward to help the affected, poor, and migrant labourers. While some are helping people get oxygen cylinders and medication, others are inquiring about the availability of hospital beds.

Prof. Jharna Joshi from UPES School of Design is one such example of compassion. She has been providing doorstep delivery of cooked meals for the patients and their families. After seeing several family members and relatives struggling for a healthy diet and medicines during their treatment, Prof. Joshi decided to supply home-cooked food to them, all free of cost.

"The food is cooked at my home. I provide simple food consisting of one daal, green vegetable, and salad. This is healthy and nutritious. Till now I have managed to arrange for 10-15 families every day. I deliver the food myself in disposable food containers so there is no hassle of washing and cleaning afterwards, says she."



I provide simple food consisting of one daal, green vegetable, and salad.

Jharna Joshi is an Associate Professor in UPES School of Design. She holds an M.Des degree from National Institute of Fashion Technology (NIFT), New Delhi. Her area of specialisation is knitwear technology, pattern making and crafts.

Juggling between online classes and taking orders through WhatsApp to making sure the food is delivered to the houses of the Covid-19 patients, Prof. Joshi does it all by herself. She says that these are difficult times and we all must do our bit to help each other.

The procurement of ration and cooking is not a big task for Prof. Joshi as she has done this before as well. It is the delivery of the food which sometimes becomes an issue. But despite that this one-woman army makes sure that the food reaches people who need it and on time.

Is she worried about putting herself at risk of infection by going out for deliveries? To this, Prof. Joshi says, "I am taking all the precautionary measures. I have been administered both shots of the vaccination. Also, I wear double masks and a face shield to protect myself. While delivering the food, I just keep the packets at the doorstep without meeting anyone."

So, what prompted her to go out of her way to lend a helping hand? Prof. Joshi says, "It is difficult for virus-infected people to get meals while living in self-isolation. There is a sense of complete satisfaction that I get when I can help Covid-19 patients who need assistance. Moreover, it keeps me away from negativity and acts as a stressbuster. I do not charge people anything for food. The only request I make is that people who have tested positive should come clean about their status. Not disclosing this information is wrong."

Prof. Joshi has always believed that serving people in distress is equal to serving humanity and serving humanity is the best form of worship. "I started this initiative on my own and now I am glad my friends and colleagues are extending help," she says, before rushing off to make good on her commitments for the day.

Wellbeing of employees and students top priority for UPES

https://blog.upes.ac.in/wellbeing-of-employees-and-students-top-priority-for-upes/

PRADEEP JAGWAN · MAY 18, 2021



UPES partners with healthcare providers to make treatment affordable, while also making sure employees take paid time off to take care not only of themselves, but their families too

The second wave of the COVID pandemic in India has been nothing short of devastating, leaving in its wake a trail of death and destruction. For more than a year, people across the world have been

dealing with the physical, mental, and professional impact of the pandemic. Committed to the welfare of its academic and non-academic community, UPES has been taking all possible measures to help people in distress.

While it was about making work from home more convenient initially, as the days wore on, the focus shifted to the mental and physical impact of Covid.

Some of the initiatives taken by UPES are:

Academic Flexibility

Many students find it difficult to maintain the pace required to cope up with academic deadlines. For the convenience and safety of the students, the university decided to extend the deadlines for assignments. Also, students who are not able to appear in the end semester examination due to a medical emergency can give their exams in July 2021.

Medical Support

UPES has recently launched an initiative called Sanjeevani for its employees. It has tied up with Practo, an online doctor consultation app that offers complete telemedicine solutions for health and medical needs. Employees will get access to around 25 specialists across diverse fields. In addition to the employees, six family members will also get access to these healthcare professionals. Employees will also get 20% discount on medicines and lab tests.



UPES has recently launched an initiative called Sanjeevani for its employees

For the students, the university is planning insightful webinars to answer all the questions related to Covid-19. These sessions will enable students and their families to cope with the situation. Apart from this, there is a 'Covid Care Officer' that provides information and logistical support to employees regarding things like oxygen, bed, and much more.

24*7 Counselling Service

In this time of social distancing, it can be challenging to find ways to stay healthy in mind, body, and spirit. The university has made provisions for 24×7 emotional assistance through professional counsellors.

Faculty/ Mentors/ Peer Groups

Various groups have been formed by students and faculty to support individuals in need of help. These networking groups significantly reduce stress and anxiety.

Here's what some of the UPES employees and students have to say about the initiative:

The university recently donated 50 oxygen concentrators to Shri. Tirath Singh Rawat, Chief Minister, Uttarakhand, for the people of the state. UPES has been also supporting 11 neighbouring villages to curb the spread of coronavirus.

Dr. Juhi Garg, Lead-Project Shakti and CSR at UPES, says, "The Work from Home policy provides academic flexibility for faculty and students. Apart from this, support in terms of a dedicated team of doctors, arrangements in hospitals, additional insurance to cover Covid Home Care support, and vaccination drive, ensured that the people felt safe and secure."

Geetanjili Raghav from the Department of Mechanical Engineering says, "My parents had mild symptoms like fever. They were living in isolation and finding it difficult to meet their food requirements. That is the time when I decided to get in touch with UPES Covid Care Officer to provide food to my parents. I am glad to share that UPES delivered delicious food packets to my parents during home quarantine."

Anita Kumari, a first-year student from UPES School of Health Sciences, says, "I tested positive for coronavirus while I was in Dehradun. I was all by myself and for about 15 minutes panic gripped me. I would like to thank Dr. Neeraj Mahindroo, Dean, UPES School of Health Sciences, and Dr. Smriti Arora from UPES School of Health Sciences for constantly checking on me. They also provided medicines, oximeters, and food so that I could recover fully."

Anamika, a first-year student from UPES School of Health Sciences, says, "I was living with my friend when I got infected. I informed my professors, Dr. Divya Rawat and Dr. Hira Rana from UPES School of Health Sciences. I got medical advice, food, and medicines immediately. My professors also told me not to worry about my assignments and exams as they would help me with that once I recovered."

UPES gave me a chance to develop holistically

https://blog.upes.ac.in/upes-gave-me-a-chance-to-develop-holistically/



SNEHA BANERJEE · JULY 6, 2021

Diversity at the college campus gave me an opportunity to engage with varied perspectives and learn from peers with varied cultural backgrounds

I used to be a science student in school before I took up the BBA program at UPES. Initially, I found it difficult to cope with subjects like Accounts and Finance. But my mentors and professors were a constant source of guidance for me.

Coming from a Tier-2 city to pursue this program, I had to stay away from home for almost three years. During this phase, my interactions with fellow students and exposure to different cultures shaped my thought process and approach towards life.

While the Personality Enhancement Programme was a lot of fun, when it came to academics, there were intense case study discussions, presentations, assignments, mid-semester and end-semester examinations. Theoretical knowledge was supplemented with industry visits and internships. The first visit was made to Jawaharlal Nehru Port Trust (JNPT), Mumbai, where I got practical exposure to the port operations for export-import. The second visit was to Eric Apparels, where I learnt about the manufacturing of garments and the process to export them. Thereafter, we went to Usha Martin, which is one of the world's leading manufacturers of wire rope. Here, I got an insight into the manufacturing of various types of wires, ropes, and export/import procedures. Lastly, a visit to Hind Terminals gave me a view into container train operations.



Theoretical knowledge was supplemented with industry visits and internships

My first internship was in the service (logistics) sector with DHE Shipping Services, where I was introduced to the export/import operations. Being a student of Foreign Trade, it was imperative for me to know the custom clearance procedures for both import and export and the compliances and documents pertaining to it. I also interned in the manufacturing sector which helped me in developing both my professional as well as personal skills. I got to know the whole value chain of Indian Made Foreign Liquor (IMFL). It also helped me to learn the linkages between the various stakeholders in the liquor manufacturing industry. My industry guide was a woman who was quite inspiring to work with.

Due to the vast range of disciplines and courses, UPES is home to a sizable student population from diverse backgrounds. The multidisciplinary environment has helped engender a vibrant and engaging campus life. The scenic beauty and verdancy of the surrounding mountains are breath-taking.

The university has various clubs and student chapters that conduct both technical and non-technical events. Cultural activities are a vital part of personality development. From becoming a member of the Discipline Committee, organising an Entrepreneurship Awareness Camp to participating in various events, my UPES journey has been truly transformational. I had the support of my seniors throughout the period of my graduation.

I also got a chance to travel to some of the exotic places around Dehradun – Mussoorie, Dhanaulti and Rishikesh – with friends. I stayed at the university hostel and didn't have to worry about security, comfort or living facilities. Although there were some restrictions with regard to the entry time, overall, it was a great experience. My roommates couldn't have been more perfect for me. Both of them were from different states, cultures and even different specializations – one was from Aviation and the other was from HR. Got to learn a lot from them, not only about their respective domains, but also about their cultures and lifestyles.



I got to learn a lot from my friends, not only about their respective domains, but also about their cultures and lifestyles

My photographs with my friends, having a good time at the campus, never fail to bring a smile to my lips. These are moments that carry a lot of sentimental value for me and will be embedded in my heart as precious memories forever.

A once-in-a-lifetime opportunity

https://blog.upes.ac.in/jigyasa-pahwa-my-life-at-upes/

JIGYASA PAHWA · MARCH 13, 2020



UPES gave me the golden opportunity to study a semester abroad at Coventry University, UK. The fact that I did not pay any tuition fee, was a big perk for me as a student

I hail from a non-legal background and being a first-generation lawyer in my family, I had to make a wise decision while picking my law school. After months of research and hard work, I am glad that I chose UPES back in the year 2016. Being a law aspirant, I always knew a balance between personality development and academics was extremely crucial. UPES as a university helps its students evolve their character, get industry exposure and become the perfect choice for recruiters.

Being an extrovert, I was an active public speaker. I represented my university at the national level for numerous moot and debate competitions. I was fortunate enough to be chosen for the Erasmus and Exchange Student Program in England, which also happens to be my dream country to pursue higher studies. As a child, I was enamoured by London (from what I could see in movies, sports matches and news), but never really got the opportunity to visit the city.

UPES gave me this golden opportunity to study a semester abroad at Coventry University, UK, as a Business Law student. And, I did not have to pay any tuition fees, which is a big perk for any student. I would say this exchange program was a life-changing experience because it made me more confident and prepared me to conquer the impending challenges. Even though this was not the first

time I had gone to a foreign destination all by myself, I was a little nervous about this new beginning.

However, several people had put in their efforts to make this exchange program successful. From choosing my modules for the exchange to regularly taking updates during my stay, the faculty was always in the forefront to help.

The academic structure at Coventry University was completely different from what we had in India. I had to choose three modules, which were a blend of practical and theoretical aspects of business law. Apart from assignments and coursework, we were also required to attend the practical sessions of Mediation and Negotiation. This helped me build more self-confidence to appear in the courts and do in-depth research. There were multiple conferences and seminars that we attended. Faculty from various reputed colleges around England and solicitors from esteemed law firms gave lectures every week. I benefited a lot from these sessions.

Jigyasa Pahwa



My experience in England was picture-perfect and undoubtedly the best time of my life.

The kind of exposure I got from this exchange program helped in my overall development. There were continuous evaluations and teachers would regularly call students for discussions. I now have friends from numerous countries. Various co-curricular activities and the chance to build a network across the world made me understand and experience a wide range of cultures. My experience in England was picture-perfect and undoubtedly the best time of my life.

I am thankful to UPES for giving me this exhilarating opportunity, wherein I learned some life-long lessons. I also received my letter of recommendation from a senior lecturer at Coventry University, which will help me in applying for LLM at reputed universities in the UK.

I take pride in saying that I am a part of this prestigious university and it has changed my life for good.

Project Vriddhi

https://www.upes.ac.in/social-impact/project-vriddhi

Every child deserves to reach her or his full potential. And education is one of the best predictors of success in children. It can help break the inter-generational cycles of poverty and marginalization. This project aims to provide the desired level of education in English and Mathematics to primary school students. It is helmed by the UPES faculty as mentors and supported by student volunteers.

Project Samwedna

https://www.upes.ac.in/social-impact/samwedna

Construction projects are a tall order and usually require people with varied skill sets to execute it. Workers are typically hired to spend months or even years on any one project. At our campus, too, there are numerous construction projects, thus making it a transit home for hundreds of workers. This project is aimed at the children of these workers. It provides them with education, day-care, mid-day meals, medical checkups, clothing, etc., through a day school set-up at the campuses.

Project Protsaahan

https://www.upes.ac.in/social-impact/project-protsaahan

One of the biggest reasons students drop out of college is because of lack of funds to keep going. This project supports meritorious underprivileged students of PYDS Academy of Learning, Purukul – Dehradun, for their higher education beyond Class XII. It admits two students annually from PYDS – one boy and one girl – who qualify the UPES Entrance Examination, into any of its programs and gives annual cumulative academic scholarship of Rs.20 lakh.

EDUDHURMA

https://www.upes.ac.in/social-impact/edudhurma

UPES runs a CSR policy called EDUDHURMA which stands for Education for Developing Humans for Righteousness and Mindful Actions.

Under this initiative, UPES has impacted the lives of over a hundred families, students from underprivileged backgrounds, government teachers as well as local schools in Dehradun.

There are four projects under EDUDHURMA: Protsaahan, Utkarsh, Dronasthali and Utthan.

UPES launched Protsaahan in 2018 to help the underprivileged meritorious students of Purkal Youth Development Society (PYDS) Learning Academy, Dehradun, pursue higher education at UPES.

Project Utkarsh aims to achieve overall progress of the society through holistic education to the neediest segment of the society.

Dronasthali supports the professional development of government schoolteachers while Utthan promotes the application of knowledge in the local community, to harness the scarce resources to their optimum level, raising the bar of development and to light up self-confidence of individuals.

Project Protsaahan

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IDFC FIRST Bank

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To, UNIVERSITY OF PETROLEUM & ENERGY STUDIES (UPES) Greetings from IDFC FIRST Bank. Our team extends its warm wishes to you and your prestigious institute for the upcoming academic year.

We are delighted to extend our Education Loan offering to the incoming batch of students because we believe in helping the students to Champion their Future. We will be much obliged if you shared our offerings with the students.

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Terms	Details		
Eligibility	Indian national		
Course Name	BBA, MBA, BA, B Tech, BCA, BSc, MSc, MCA, M Tech, B Design, M Design, LLB, LLM, B Pharmacy		
Rate of Interest	10.0% onwards*		
Max Loan Amount	As per eligibility*		
Tenor	Up to 144 months		
Costs Covered	Tuition fees and ancillary expenses*		
Processing Fees	Rs. 5000 + Taxes*		
Foreclosure Charges	Nil		
Repayment Type	EMI / SI *		
Co-applicant Required	Yes		
Insurance Covered	Yes		
Type of Loan	Unsecured		
Contact	Deepak Keshri - 7045101990, deepak.keshri@idfcfirstbank.com Nitant Srivastava – 7506941431, nitant.srivastav@idfcfirstbank.com		

^{*}TnC - Approval, Sanction & Disbursement and Repayment subject to Banks internal policy checks, process and eligibility

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