

Table of Contents

5.6.4 Does your university as a body have accessible childcare facilities for students which allow recent mothers to attend university courses?	1
Mother Pride Daycare Nursery	1
Facilities at Mothers Pride School, Dehradun.....	2
Levels/ Stages of Learning in Mothers Pride, Dehradun	3
UPES CSR reshapes lives of young students	3
Walking the talk: How UPES is building a better world through its CSR initiatives	5
Nurturing future leaders through learning centres at schools.....	6
Beating period poverty together	6
The direct beneficiaries will include:	7
Supporting staff through UPES Skills Academy.....	7
Improving digital literacy through DigitalDhaam.....	8
Spreading the joy of giving with DaanUtsav	8

5.6.4 Does your university as a body have accessible childcare facilities for students which allow recent mothers to attend university courses?

Mother Pride Daycare Nursery

www.upes.ac.in

Mothers Pride School is located at Indira Nagar in Dehradun. It is one amongst the most loved pre schools in town. Its curriculum is based on the mantra 'Let the children be themselves.' The school also focuses on working on the roots of the children. Making there learning habits and believe system stronger with each step. The school has created an environment which helps the children to explore the world of possibilities that helps to blossom their personality.



Mothers Pride has been excellently carving out the future of the kids of this generation. Mothers Pride is the only play school which has a research and development department and here teachers are given rigorous training and teach them a lot about child's psychology. The scientifically designed curriculum and the technologically advanced activities that happen in the school have helped the parents to trust Mothers Pride with the upbringing of their child in its foundation years.



Facilities at Mothers Pride School, Dehradun

The infrastructure of Mothers Pride is dynamically built and set up with all the vibrant colours which have created a joyous and colourful environment for the kids. This also helps the child to fall in love with the beauty of nature. The school has a number of facilities that it offers to its students some of them are listed below:

- Intellectual Development Centre- A place where each and every aspect of a child's personality is honed – like basic intelligence, motor skills, logical thinking, problem solving, observation power and so on.
- Galaxy (Computer Library)- This is an endeavour to equip and create awareness in the children about the latest technology. Children visit the galaxy, and learn skills like clicking and dragging, alongside developing awareness about various parts of computer.
- Stage- Stage exposure enhances children's confidence levels. This feature is a great platform for children to develop life-skills such as leadership and freedom of expression
- Ball Pool- Covered with mirrors from three sides, the room is filled with balls of myriad colours. Children love to throw the balls at each other, lie down, jump and simply be themselves. It is also a teaching – learning playground where children learn about colours and shapes
- Doll House- Dolls house is an activity centre where children are allowed to play independently. It provides independent social exposure and allows children to play freely.

- Projector Room- This resource facilitates visual learning. Children relate to cartoons, movies and therefore have fun while they learn, helping the teachers to use it as a teaching tool for learning.
- Splash Pool- To beat the heat of the summer, children enjoy a dip in the water in the splash pool. Rain dance is also organized in summers, which is much enjoyed by our little wonders.

Levels/ Stages of Learning in Mothers Pride, Dehradun

1. Settling- The school focuses on creating an environment for the kid where shifting from home to a pre-school is a major difference. To make it easy the school has specially designed areas which makes the work easier for the children by organizing interesting activities to keep the atmosphere upbeat for little children. The settling zone has the following facilities besides other facilities for the kids.

- Play Zone: Area for free play
- Sand Pit
- Tattoo Corner
- Creativity Corner (To express his creativity through vegetable printing, thumb printing & something new)
- Clay Moulding
- Cartoon Movie Shows

2. Play Group- This is a level that is suitable for the kids of age 2 to 2.5 years. This level introduces the children to the learning of basic concepts like colours, shapes, moving on to learn about the environment. The theme focuses on encouraging the kids to indulge in activities like pre – reading, pre – numbers, pattern writing, cognitive skills like memory and observation, puzzle solving, social habits like personal hygiene, sharing, independent eating etc. The children participate in activities for dance, music, art and craft etc.

3. Pre-Nursery- This level is suitable for children in the age group between 2.5 to 3 years. This level introduces the children to the learning of basic concepts like colours, shapes, moving on to learn about the environment. The monthly theme is same as the Play Group level.

4. Nursery- This level is suitable for children in the age group between 2.5 to 3 years. (Children of 3+ years of age as on 31st March). The kids learn subject-based learning and activities of the curriculum focus on developing language, maths and environmental skills. The monthly theme emphasises on developing the developing the reading, writing and logical skills.

5. Prep- This level is suitable for children in the age group between 4 to 5 years. (Children of 4+ years of age as on 31st March). The child in this level is nurtured within the framework of a designed curriculum. The focus remains on academic progress along with the honing of life skills and talents.

UPES CSR reshapes lives of young students

<https://garhwalpost.in/upes-csr-reshapes-lives-of-young-students/>



The untapped potential of students in rural areas needs to be awakened through equal access to knowledge. The CSR arm of UPES recently completed an infrastructure and mural work project at Rajkiye Prathamik Vidyalaya (RPV), Bakarna, and Govt Middle School, Kharakhet, to provide a safe and supportive learning environment for students. The university also focuses on leveraging technology and fostering innovation in education through programmes like 'SmartClass' and 'Learnshaala'. SmartClass aims to enhance digital learning through the integration of multimedia content and interactive teaching aids, creating an immersive and highly effective educational experience. On the other hand, Learnshaala ("Envisioning Classrooms as Centres of Excellence") focuses on empowering students with the necessary skills, values, mindset and tools to experience holistic education.



Furthermore, to tackle the challenges faced by children of migrant construction workers, UPES has launched Project Samvedna. Through this initiative, the university has been extending support to children by providing education, daycare facilities and mid-day meals. Recently, UPES also started providing school uniforms to these young learners, further boosting their confidence and eagerness to learn. Reinforcing the transformative impact of Project Samvedna, the initiative ensures that these children receive proper care, resources and a safe learning environment while their parents are at work.

To further its commitment towards safeguarding children and promoting a safe learning environment, the CSR team at UPES conducted a weeklong workshop on the 'Protection of Children from Sexual Offences Act' (POCSO) in 5 government schools in Kotra Santoor, Upper Kandoli, Doonga, Misraspatti and Phulsani. The workshop delved into building awareness around sexual assault and harassment and ensuring the safety of students. Additionally, UPES in collaboration with

Aavishkaar NGO launched the Math Matters Program to empower women by equipping them with strong mathematical skills and student-centric teaching practices. It was aimed towards addressing the commonly felt math phobia and empowering them to become better educators of tomorrow.

Talking about various initiatives undertaken by UPES, Col Sanjay Washington, Director of CSR, UPES, said, “Our CSR initiatives are designed to make a meaningful impact in the lives of individuals and neighbouring communities. We truly believe in the transformative power of education and are committed to creating a better world for all. Through our initiatives, we aim to uplift underprivileged students, provide a safe learning environment, and address pressing societal challenges.”

Under the overarching umbrella of ensuring a quality education for all, UPES also continues to uplift underprivileged students by providing them with the opportunity to pursue higher education through Project Protsaahan – under which meritorious students from the Purkal Youth Development Society (PYDS) are aided through focused mentorship and financial assistance. So far, the university has admitted 15 students under this project, out of which 7 are placed and 8 are undergoing their studies. Through their CSR arm, UPES continues to foster a brighter and more inclusive future for all, irrespective of their circumstances.

[Walking the talk: How UPES is building a better world through its CSR initiatives](https://blog.upes.ac.in/walking-the-talk-how-upes-is-building-a-better-world-through-its-csr-initiatives/)

<https://blog.upes.ac.in/walking-the-talk-how-upes-is-building-a-better-world-through-its-csr-initiatives/>



EKTA KASHYAP · FEBRUARY 22, 2022

UPES volunteers creating a Learnshala at a government school in Uttarakhand as part of CSR initiative

UPES volunteers creating a Learnshala at a government school in Uttarakhand

Building learning centres at government schools, beating period poverty by distributing menstrual cups, and nurturing support staff through a skill development program, are some of the university's upcoming CSR initiatives

The world is interconnected through globalisation. Yet, the benefits and burdens of this phenomenon are not equally distributed among people. The result? Inequality in education, health, and access to resources. The pandemic has further aggravated these deep-seated disparities among the most vulnerable sections of society.

Therefore, it becomes the duty of institutions to work towards building a more equitable and sustainable world as envisioned in the internationally-accepted Sustainable Development Goals (SDGs).

UPES, the 'University of Tomorrow', has always stood at the forefront of giving back to society, especially to the state of Uttarakhand. Continuing to fulfil its responsibility, the university, with a renewed focus, has added a series of initiatives to its extensive list of Corporate Social Responsibilities (CSR). The CSR work will encompass issues such as education, health, safety and women empowerment.

[Nurturing future leaders through learning centres at schools](#)

Government primary schools around UPES have poor infrastructure, which has implications on children's education. It often leads to abysmal learning outcomes.

To make education fun and meaningful for children, UPES is building learning centres known as LearnShalas in four government primary schools: Kandoli, Misraspatti, Donga and Phulsani. These LearnShalas are lively learning spaces made with vibrant colours and engaging learning material. Through these centres, UPES hopes to nurture curious, creative, and critical thinking citizens of the future.

UPES student volunteers will engage children in a variety of learning activities through LearnShalas. They will make the classroom experience interesting and exciting using relevant content and storytelling methods while encouraging a culture of asking questions. The goal is to make learning a joyful experience for the school community, particularly in a language they understand.

Further, UPES will conduct learning camps, especially in Math and Science, through these learning centres. One learning centre at Upper Kandoli village is ready, while others are in the pipeline.

[Beating period poverty together](#)

UPES has funded an organisation called DivIn Pro, an impact and strategy-driven BPO managed by women and other marginalised sector professionals, to fill the critical gap of availability of sustainable material to manage menstruation. This project aims to eliminate period poverty, while contributing to sustainable development. The present proposal focuses on benefitting about 1200 women from UPES ground staff and UPES CSR supported and identified villages. The objective is to

empower women with menstrual cups and fulfil the basic need for hygienic and safe protection during menstruation.

The direct beneficiaries will include:

Ground staff of UPES and women from identified villages, including Bakarna, Kharakhet, Pulsani, Dhaulas and other menstruators (trans men/non-binary individuals), belonging to underprivileged and vulnerable sections of the society.

Frontline peripheral health workers such as ASHA workers and Auxiliary Nursing & Midwifery/Anganwadi workers will volunteer for the project in their respective areas.

Cup dominant communities produce less menstrual waste and therefore, the environment of these communities is benefited indirectly.

Families of beneficiaries will benefit as they would be saving money spent on pads each month.

Through this project, UPES will create awareness among the beneficiaries to change their behaviour for safe, healthy, and sustainable, hygienic menstrual practices and solutions. Around 1200 menstrual cups (each cup can be reused for ten years) will be distributed to the target population. Training sessions on the usage of menstrual cups will be conducted. It will be succeeded by on-field and telephonic follow-up and beneficiary support through BPO for 90 days (starting from the day of cup distribution).

Supporting staff through UPES Skills Academy

This is a Skill Development Program, which aims to uplift support staff such as security guards and housekeeping staff on campus. As per a survey conducted by the university, the primary requirement of the support staff was Computer skills and English speaking and writing skills. The sessions under the training framework will, therefore, focus on:

- Need for effective communication
- Understanding non-verbal communication
- Learning the etiquettes to greet staff and visitors
- Enhancing endurance during a conflict and resolving the same amicably
- Conveying difficult messages to the audience

The initial batch will comprise 20 trainees. Eventually, the program will be extended to community members from the nearby villages as well. The training will help the support staff to develop a better understanding of their roles and responsibilities, improve their communications skills and personality, understand the importance of teamwork, and learn to write answer applications, emails, messages, and other written communication.

UPES firmly believes that every member of the organisation should have pathways to do better in life. The Skills Academy is focused on working with the support staff to build their capacities and help them for better roles at UPES and elsewhere.

Improving digital literacy through DigitalDhaam

This program is intended for all teachers, middle school students, homemakers or anyone from nearby villages to learn how to use computers and the internet for various day-to-day functions like accessing information.

Spreading the joy of giving with DaanUtsav

A book can turn someone's life around; a garment can bring happiness to someone's life. UPES celebrated a first-of-its-kind festival called DaanUtsav where the university's staff and students donated vast amount of clothes, books, stationary, toys, and electronic items, which were distributed to the underprivileged in a nearby slum. UPES will also kickstart a student and staff volunteering program soon.

The CSR initiatives by UPES are an attempt to achieve greater economic, social, and gender equality and tackle the disproportionate barriers that hold the disadvantaged further behind. Ultimately, building a better world will require systemic changes. These initiatives are a step in that direction.