EVENT REPORT

Training frontline workers

SDG 2.4 · Food and nutrition in the community

ORGANISED BY	FORMAT	AUDIENCE	TOPICS
School of Health Sciences and Technology	Two-day workshop	Anganwadi and ASHA workers, Sahaspur Block	Nutrition security, fortification, hygiene, low-cost recipes

About

Anganwadi and ASHA workers are the first point of contact on nutrition for many families. During Poshan Maah, the School of Health Sciences and Technology held a two-day workshop for these workers from Sahaspur Block.

The sessions covered nutrition security, food fortification and hygiene, and showed low-cost recipes that use local ingredients, so that the workers can pass practical advice on to the families they serve.

Screenshots

upes.ac.in (PDF)

15 POSHAN MAAH WORKSHOP

Nutrition & Community Well-Being



As part of National Nutrition Month (Poshan Maah), the Department of Social Outreach (DSO), in collaboration with the School of Health Sciences & Technology (SoHST), UPES organized a two-day workshop for Anganwadi and ASHA workers from Sahaspur Block.

The workshop focused on nutrition security, food fortification, and food hygiene, featuring expert-led sessions, practical demonstrations, and the preparation of low-cost, nutritious recipes using locally available ingredients. Students from the Nutrition Department also presented posters on innovative nutritional practices.

The initiative aimed to empower frontline health workers with practical knowledge and skills to promote better nutrition and health practices within their communities.

Source: DSO Community Engagement & Social Impact Report, page 13.

Sources

- DSO Community Engagement & Social Impact Report (PDF)

← Poshan Maah visit to Sudhowala Anganwadi centre

Nutrition awareness in underserved communities →

Section 2.4: Food and nutrition in the community

Events and activities

SDG 2 full report
