Sports and health calendar 2024–25

Dean of Student Welfare · Academic year 2024–25

ISSUED BY	YEAR	HIGHLIGHTS	CAMPUSES
Dean of Student Welfare office	2024–25	Shaheed Memorial Cricket Tournament; blood donation drive	Bidholi and Kandoli

About the event

Sport and health run through the whole UPES academic year. The Dean of Student Welfare office plans trials, intramural championships, fests and health drives month by month, so that students always have a reason to stay active, and so that community fixtures such as the Shaheed Memorial Cricket Tournament have a fixed place on the calendar.

IMPACT

A full year of sport and health, with room built in for the community.

9	4	27
months of planned sport and health activities	days of blood donation across both campuses	days set aside for the Shaheed Memorial tournament

- Every student has a steady programme of trials, leagues and fests to join.
- The Shaheed Memorial tournament, which supports soldiers' families, has a guaranteed slot each year.
- A blood donation drive on both campuses is part of the plan, not an afterthought.

Highlights

- **July 2024:** sports activities during orientation.

- **September 2024:** team trials for football (4 September), basketball (9 September), volleyball (12 September) and badminton.
- **October 2024:** third sports fest for PhD scholars (3–5 October); cricket team trials (19–22 October); intramural volleyball championship (from 16 October).
- **November 2024:** intramural football, table tennis (from 12 November) and cricket (from 18 November) championships.
- **15 December 2024 – 10 January 2025:** Shaheed Memorial Cricket Tournament, Bidholi.
- **January 2025:** inter-athletics meet (from 13 January).
- **February 2025:** third Spandan sports and cultural fest (21–24 February); intramural volleyball championship.
- **March 2025:** intramural basketball championship; third Khelustav sports fest (28–30 March).
- **April 2025:** intramural chess tournament (7–14 April); blood donation drive (15–18 April, two days on each campus).

Photographs



The floodlit cricket ground that hosts the Shaheed Memorial tournament.

Shared sports facilities | Health outreach in the community | SDG 3 report

UPES, Dehradun, Uttarakhand. UPES activity toward UN Sustainable Development Goal 3: Good Health and Well-being.