

DECLARATION

This is to certify the Personal Counselling at UPES is done in two stages. The initial stage, which takes care of the general issues of the students, and the second stage, where the Clinical counselor meets the students to resolve their worries.

Initial Stage: Course Coordinators, Mentors and Department of Student Affairs/Student Engagement & Experience do the counselling at the initial stage. This includes counselling done on the below listed concerns.

- Home Sickness issues
- Any adjustment issues
- How do you handle peer pressure
- Academic Overload
- How to Handle Examination stress
- Attendance Issues
- Year Back Counselling

Second Phase: These are cases, which require special counselling to be done by certified practitioners. Clinical counselors at UPES take care of such concerns.

Reports/Summary of counselling done at the initial Stage by Members of Department of Student Affairs/Student Engagement & Experience is provided for reference.

No. of the students Counselling during the last five years	
Years	No. of Students
2018-2019	520
2017-2018	470
2016-2017	466
2015-2016	325
2014-2015	325
Grand Total	2106



No. of the students Counsellled during the last five years

Year	Name of School	No. OF students	Name of Counsellor
2018-2019	SOL	80	Ms. Samiksha Khurana
	SOB	139	Mr. Bhuwan Naithani
	SOCS	119	Ms. Adviti Pant
	SOE	137	Ms. Rashmi Lall
	SOD	44	Mr. Gautam Bhatt
2017-2018	SOL	76	Dr. Anshu Paliwal
	SOB	118	Mr. Manish Madaan
	SOCS	99	Mr. Anant P Mishra
	SOE	112	Ms. Rashmi Lall
	SOD	65	Ms. Prema Iyer
2016-2017	SOL	70	Dr. Anshu Paliwal
	SOB	120	Mr. Manish Madaan
	SOCS	114	Ms. Prema Iyer
	SOE	105	Ms. Rashmi Lall
	SOD	57	Mr. Rana Vikram Singh
2015-2016	SOL	31	Mr. Ashutosh Dora
	SOB	77	Mr. Manish Madaan
	SOCS	45	Ms. Prema Iyer
	SOE	119	Dr. Anshu Paliwal
	SOD	53	Mr. Anant P Mishra
2014-2015	SOL	52	Mr. Manish Madaan
	SOB	65	Mr. Anant P Mishra
	SOCS	69	Mr. Ashutosh Dora
	SOE	105	Dr. Anshu Paliwal
	SOD	34	Ms. Prema Iyer



Dehra